

Psychiatry

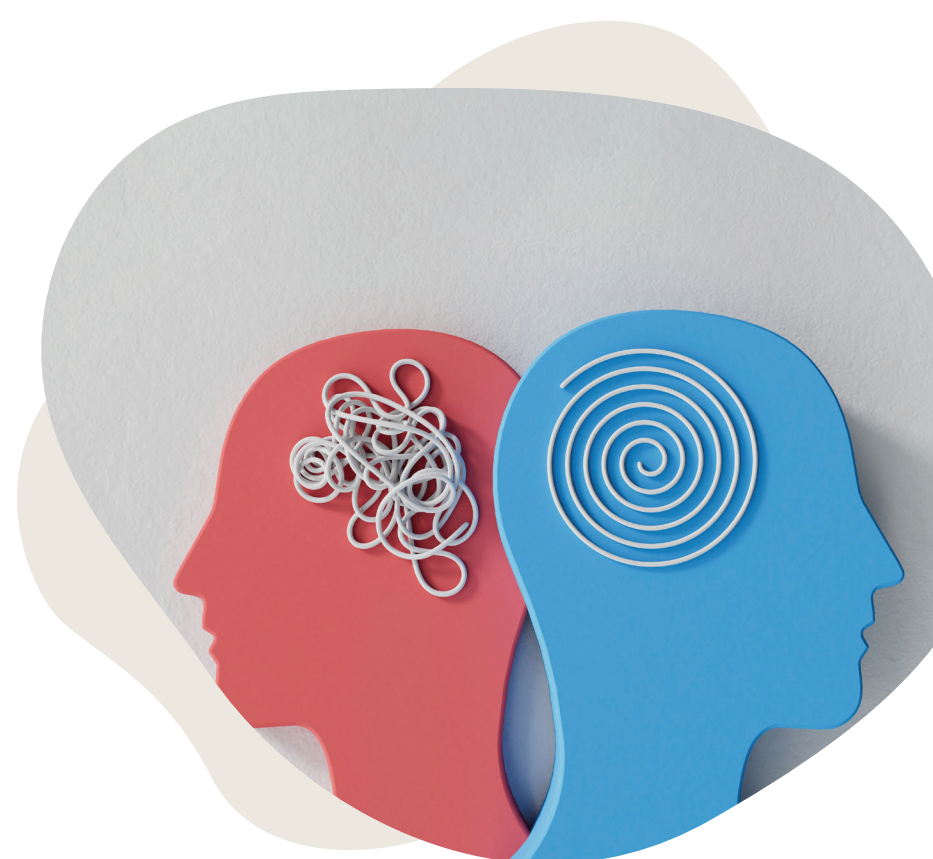
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Psychiatry at ZIVANZA WELLNESS

Lorem Ipsum

Our certified psychiatrists provide the complete psychiatric analysis and evaluation along with a detailed treatment plan for all conditions like anxiety, ADHD etc.



Understanding Psychiatry

Psychotherapy is a branch of medicine that focuses on diagnosing, treating, and preventing problems with mental, social, and behavioral health. At Zivanza Wellness, our dedicated team of psychiatrists treats a wide range of mental problems using methods that have been shown to work. This means that we can ensure that all of our patients will get complete care.

Our Approach

When it comes to overall health, we at Zivanza Wellness know that mental health is very important. Our way of doing psychiatry is interdisciplinary, patient-centered, and holistic. It combines the newest advances in mental health care with caring care. Our goal is to create a safe space where patients can feel understood, valued, and in control throughout their care.

Conditions We Treat

Our skilled doctors at Zivanza Wellness can help a number of mental illnesses, such as, but not limited to:

Treatments for obsessive-compulsive disorder (OCD) that are based on evidence help to reduce unwanted ideas and actions.

Problems with drugs or alcohol: Using a variety of approaches can help keep problems from happening again and aid in healing.

Depressive disorders need careful evaluation and individualized treatment plans to lower symptoms and improve quality of life.

People with Attention-Deficit/Hyperactivity Disorder (ADHD) can improve their behavior and attention with a full evaluation and training.



Our Services

We offer a wide range of mental services to meet the needs of all of our clients:

Detailed tests help to find the exact mental illnesses that are causing problems.

Individualized medicine plans help to make treatments more effective and less harmful.

Cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and other psychotherapies that have been shown to work can be used to help people.

Crisis intervention means giving people who are having serious mental problems quick help and calm.

With cooperative care, treatment is sure to be full because therapists, general care doctors, and other experts work together.

Contact Us

Take the First Step

We care most about your mental health. If you or someone you care about is having trouble with a mental illness, call Zivanza Wellness right away to make an appointment. Our team is here to help you improve your mental health and live a full life.

First Name:	Last Name:
Email Address:	
Date of Birth: / /	Phone No:
Country of Residence:	Date & Time

[Make an Appointment](#)

Why Choose Zivanza Wellness?

At Zivanza Wellness, our team is our greatest asset. Comprising seasoned psychologists, psychiatrists, and child psychiatrists, each member of our team brings a wealth of knowledge and experience in mental health care. Our experts are not only very skilled, but they are also always learning.

Expertise

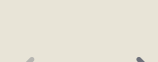
Our psychologists who are board-certified have a lot of experience and knowledge when it comes to treating mental health problems.

Full Range of Services

We provide a wide range of services, from basic health checks to advanced therapy approaches.

Supportive Environment

Our caring staff works hard to make sure that all of our patients feel safe and welcome.



Ready to Take the Next Step?

Contact us today to schedule an appointment and begin your journey towards mental wellness.

[Book An Appointment](#)

CONTACT US

Wafi Residence Office RHEU,
Dubai Health Care City Metro,
Umm Hurair 2, Dubai, PO Box 128720,
United Arab Emirates

+971 52 167 7884

info@zivanza.org

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Operating Hours:
08:00 AM to 8:00 PM

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